



## Lesson 09:

The Days of the Week in Spanish  
Mnemonic Vocabulary Lesson  
LearningSpanishForBeginners.com

### Transcript

Everybody seems to love Fridays,

But knowing the names of all the days of the week in Spanish is very useful as well.

In this short video, we will take a look at the days of the week in Spanish,

As well as a few tricks to memorize them quickly.

So, what are the names of the days of the week in Spanish?

Days of the week – Días de la semana.

Monday - Lunes

Tuesday - Martes

Wednesday - Miércoles

Thursday - Jueves

Friday - Viernes

Saturday - Sábado

Sunday - Domingo



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Now, let's take a look at a few mnemonic shortcuts to memorize them.

Monday - Lunes.

The name "lunes", comes from the word for "moon" in Spanish, luna.

Now, let's get a little creative.

Think about how people look at the beginning of the week.

On Mondays, people are weird, people behave like LUNAtics,

Think of your friends and how they have their LUNAtic faces on Mondays.

Imagine their faces, how they sound, how they smell.



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How they have those crazy eyes that scare you every time you look at them.

Just remember "LUNAtic Mondays", and that will help you think of "luna"

And "luna" will remind you of "lunes".

That's it, you got a new word.

Now let's look at the second day of the week.

Tuesday, martes.

After acting like a lunatic at the beginning of the week,

people sometimes act a little weird after the first day of the week.

They act as if they were from a different planet,

As if they were from "Mars".



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They walk funny and talk differently; they look like  
“MARTIANS”.

Think of your most annoying coworkers and picture him or  
her looking like a Martian.

Imagine the sound, the smell, how their skin glows.

It's a Martian, “es un Martian”.

Now backwards,

“A Martian es”,

Again, “Martian es”,

“Martian es”, it sounds like “martes”.

So just remember, martes is the day of the week after  
lunatic Monday when people behave like Martians.

Martian es,

Martian es,

Martes.



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Alright, now let's move on to the third day of the week,  
Wednesday - Miércoles,

As we all know, men are from mars and women are from  
venus.

That's a great book by the way.

The third day of the week, Wednesday, sounds a little bit  
like "Weddings day" if you said it real fast,

and men and women sometimes get married,

So... that will help you remember that "Weddings day" is  
when men and women get married.

But in this particular occasion let's think of a pirate  
wedding.

All the guests are pirates and there are wooden legs and  
parrots EVERYWHERE, its real fun.

The groom's name is Sebastian but since that is not a  
tough pirate name, he prefers to be called "S".



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During the ceremony, the priest asks the groom to say his “pirate vows”,

And he begins saying something like:

Me ARRRR, called “S”

Wait, let’s hear that again,

What was it?

Me ARRRR, called “S”

Now, say it real fast, Me ARRRR, called “S”

Yes!

Me ARRRR, called “S”

That sounds just like “Wednesday” in Spanish,



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Miércoles.

So just remember the pirate groom saying his vows,  
Me ARRRR, called "S"

Miércoles.

All right, we are doing good, now let's move on to  
Thursday - Jueves.

When Thursday comes around, you start getting excited  
about the weekend.

You start getting thirsty for some weekend fun, don't you?

If you think about it, Thursday sound like "thirst day".

And when you get thirsty you generally want to drink some  
water, or beer, depending on how much fun you want to  
have.

"To drink" in Spanish is "beber".



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And “beber” sounds like “baby”.

So... here we go,

When “thirst day” comes, you feel like “beber” a little water,  
who? You.

You drink, tú bebes.

That’s it, we got our 2 phrases,

“who” “bebes”

“who” “bebes”, that sounds like “jueves”

Thursday, sounds like “thirst day”, and “who” “bebes”  
sounds like “jueves”.

Now you got it, and you won’t forget.





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All right, we are arriving to the weekend.

Friday – viernes.

Friday is the last day of the week, and it is generally seen as the beginning of the weekend.

Remembering how to say Friday in Spanish is easy if you think about the planets of the solar system.

Think about “Sunday” as “Sun” “Day”.

If you see “Sun” “Day” as the “Sun”, and Saturday and Friday are planets,

Friday, would be the second closest to the sun, Venus.

You know, Mercury, Venus, remember?

If you add a pirate “r”, ARRR.



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In the middle of “Venus”, then you get “Verrnus”,

Which sounds a lot like the name of Friday in Spanish,  
viernes.

There you have it, “Sun Day”, Mercury, Venus, pirate arrr,  
Verrnus, viernes.

Alright, we are almost done,

Now, let’s look at Saturday - sábado.

Saturdays are generally a day used by people to rest.

Let’s use the “rest” idea and keep it in mind for a few  
moments.

“Saturday” derives from the word “Saturn”.

“Saturn day”, therefore it is easy to remove the “day” part



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of the word. That leaves us with “Satur”

Cut that in half and you get “sat” “ur”, or “sat” “ur”.

If you think of rest day, and think of resting,

you will realize that probably during the last “rest day” you had,

During your rest day, you “sat ur” bum in front of the TV watching a movie for hours,

and that gives us a clue to remember how to say Saturday in Spanish.

If you rested at home, you had your own personal “Sabbath”,

and Sabbath is the word from which the equivalent of Saturday in Spanish is derived,

“Sabbath”, sound like “Sábado”, which means Saturday in Spanish.



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Now, let's move on to the last day of the week. Sunday - Domingo.

Sunday, certainly is one of the prettiest days of the week.

It is usually sunny as the name of the day shows, its "Sun" "day",

It is sunny and you feel like going out and doing stuff.

But is also the day of sleeping.

This is particularly true when you had a hard week man, and you want to sleep.

So you might as well call it something like "sleep day" or something like that, or "go to sleep day".

That's it, "go to sleep day", stay with that idea.

So, "go to sleep day", get rid of the "day" and you get "go to sleep".



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Turn it around and you get “sleep go to”,

“sleep go to”, sleep in Spanish is “dormir”, that leaves us with “dormir” “go to”

Get rid of the “to”, and you get “Dormir go” and that sounds a little bit like the Spanish word for Sunday “Domingo”.

“Dormir go”, Domingo.

So, I’m going to sleep, Dormir go, Domingo.

So, next time you want to remember how to say Sunday in Spanish, just think of “Sun day”,

and how when it’s very sunny, you sometimes feel like sleeping.

“to sleep” is “dormir”, and “dormir go” sounds like “Domingo”.

There you go, now you will not forget it.



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You can use this type of mental associations to remember thousands of words in Spanish.

Just focus on what you know, the word in English,

and what that reminds you of and associate it with the word in Spanish.

It is a great way to learn new things and make the most of the associative nature of our brains.

To learn more feel free to visit  
[LearningSpanishforBeginners.com](http://LearningSpanishforBeginners.com),

That's it for today,

See you next time, hasta la próxima.